

## QUESTIONS TO ASK WHEN INQUIRING ABOUT SOGIE

### Tip Sheet Regarding Sexual Orientation, Gender Identity, & Expression (SOGIE)

To engage a youth around their SOGIE, be inquisitive just as you normally would with any child. Be curious and interested about who they are. Here are some possible statements/questions:

- “My name is (...) and my pronouns are (...)”
- “What name would you like me to use when I refer to you?”
- “What pronouns do you use?”

- “We all have a gender identity, sexual orientation and a way that we express ourselves and I would like to know more about you and how you identify yourself”.

- “Tell me about your gender, how do you identify?”

*Let the youth tell you how they identify first, if they are not sure, then you can suggest:*

- “Female, gender queer/non-binary, male, transgender female, transgender male, both, neither, not sure, prefer not to say or a gender I have not mentioned?”

- “How about your sexual orientation, what would be the best way to describe it?”

*Let the youth tell you how they identify first, if they are not sure, then you can suggest:*

- “Asexual, bisexual, Gay, lesbian, pansexual, straight, questioning, prefer not to say or an orientation I have not mentioned?”

- “Tell me about the way you like to express your gender? How you like to dress, talk, act, etc?”

*Let the youth tell you how they identify first, if they are not sure, then you can suggest:*

- “Would you say that your expression is more masculine, feminine, gender expansive, something in between or both, ?”

- “How do you think others see your gender expression?”

- “Has anyone ever teased you because of the way you express your gender or yourself in general?”

- “Who do you feel you can be yourself with? Who supports you for who you are?”

- “What else would you like me to know about you?”

